

One DeLaSalle Drive Minneapolis, MN - 612.676.7600 - www.delasalle.com

RiverCurrents

Bridging the news of DeLaSalle on Nicollet Island with our families, friends, and neighbors.

Grade 9 Students Bring Material Science to the Island!

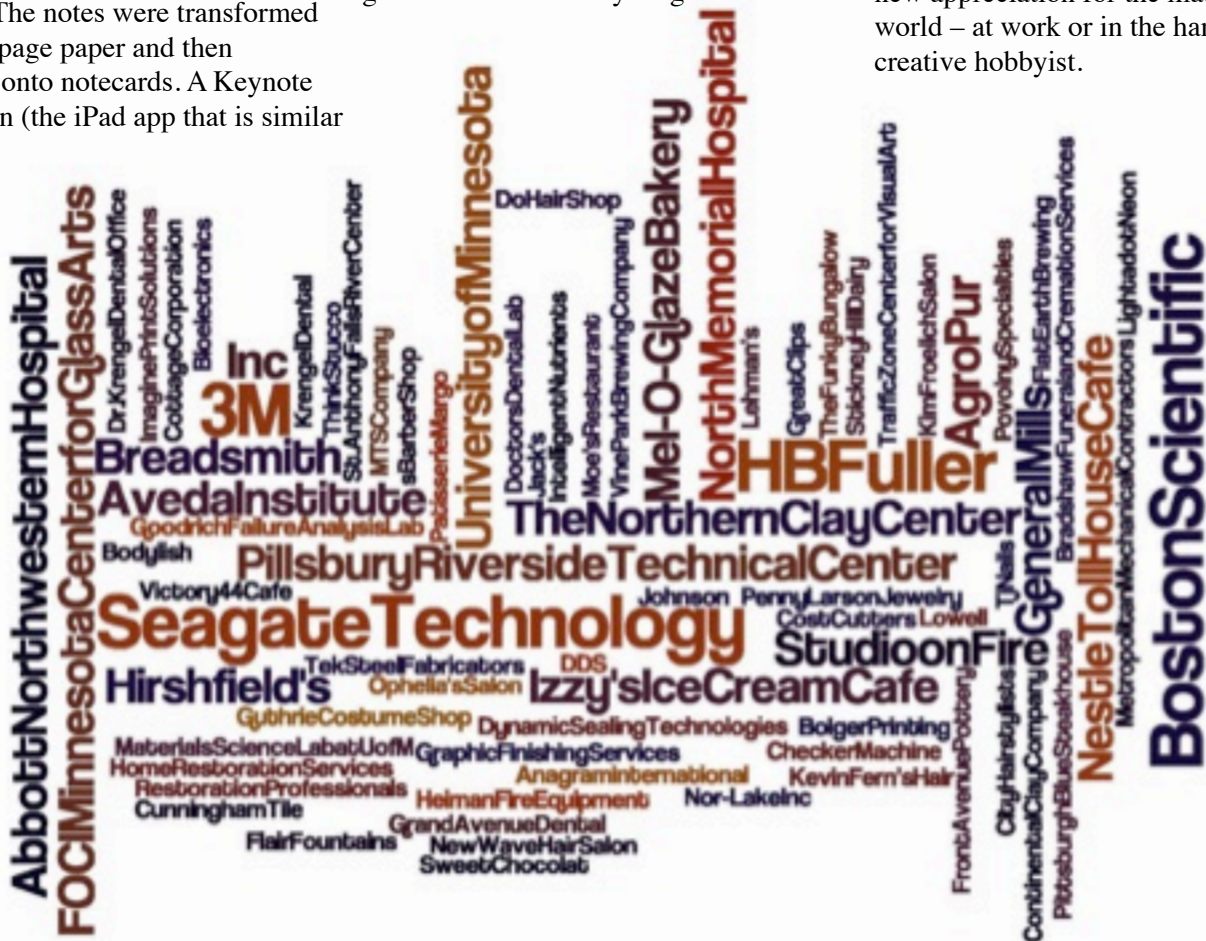
Ms. Peterson gave her grade 9 science students a mission this year: “Find out how material is processed in the real world.” The students took their iPads to manufacturing plants, artist studios, restaurant kitchens and hair salons. They recorded interviews in the iPad app, Evernote, and shot photos using the iPad camera. Their online research yielded details about the chemistry and physics involved in the processing they observed. The notes were transformed into a five-page paper and then condensed onto notecards. A Keynote presentation (the iPad app that is similar

to powerpoint) supported their 5 minute oral presentations with pictures and graphs.

The results were spell-binding. The ninth graders delivered the inside story on everything from goat cheese to stucco, from pacemakers to hair dye. Many thanks to the parents and friends who acted as chauffeurs and hosts. We are also grateful to the friendly neighbors who

took time to show off their backyard kilns or basement wood-working shops. A list of locations visited by Ms. Peterson’s students was transformed into a piece of modern text art.

After a project with this much variety in technology, research and presentation, grade 9 students have a new appreciation for the material world – at work or in the hands of the creative hobbyist.



GUIDANCE AND COLLEGE PLANNING

JUNIORS

Please make an appointment to see Ms Braun, Ms. Carter or Ms. McAdams! We will start your college planning process which involves creating an account on the Naviance website – an extraordinarily useful tool with all aspects of college planning and career planning. Sign up during a time that is convenient for you. The best times to sign up are before school, during your lunch, or if you have a study hall. Take the time, make the move, and do it!

SENIORS - FAFSA

(FREE APPLICATION FOR FEDERAL STUDENT AID)

What is the FAFSA? It is the universal form that the government uses to determine your eligibility for college financial aid, which may include: scholarships, grants, work-study and loans. In order to complete the FAFSA you will need to first complete a 2011 tax return. Parents/Guardians - Plan to complete taxes as soon as W-2 forms are received in January as many colleges require a completed FAFSA sometime in February. Applying is FREE – do not use sites that charge a fee. It is a waste of your money!

Where is the FAFSA available?

- Online at www.fafsa.ed.gov

When should I fill it out?

- Complete the FAFSA as soon as possible after January 1 of each year. Remember to keep copies of all submitted documents as well as your PIN number and the parent PIN number. (You will use the same PIN numbers to fill out your

SOPHOMORES AND JUNIORS - PSAT & PLAN SCORES

PSAT (Pre-SAT) and PLAN (Pre-ACT) scores will be distributed in classes and interpreted for the students after break. Parents/Guardians – look for these test results coming home with your student and the interpretation directions as well.

ACT EXAM PREP CLASS – SPRING 2012

DeLaSalle High School and ACT Ready will be offering an optional six-week ACT prep class in the Spring of 2012. The class, beginning on April 24, will prepare students for the June 9, 2012 ACT exam. The

class size will be limited to 20 students on a first come, first serve basis and will cost \$100 per student. If interested, watch for further information about registration in THE SOURCE.

Finals January 18, 19 & 20

TEST TAKING TIPS

Before the Test

1. Avoid cramming. Keep up with your homework and reading. Do not wait until the night before a test to start studying. The more prepared you are, the less nervous you will feel, and the better you will do.
2. Talk to your teacher about his/her tests. Find out what the test will be like. Will it be essay, multiple-choice, short answer, or some combination? Make sure you know what material the test will cover. Remember: DLS teachers offer after-school study help daily, and this is a great way to prepare for the final.
3. Go to bed early! It is proven that rest helps performance. Get some exercise during the day to help you sleep earlier.
4. Eat a healthy breakfast. Some protein should be part of your breakfast. Avoid too much sugar, which is prevalent in cereals and syrups.

During the Test

5. Always think positively. Use positive self-talk: “I can do this. I know this material.” Negative thinking brings negative results. Be positive!
6. Scan the test before starting. Notice how long it is and what type of questions.
7. If nervous, use relaxation techniques. Diaphragmatic breathing (breathing from your stomach), meditation, and prayer can help you feel calmer.
8. Read carefully - this applies to directions, questions, and answers. Ask for help if something isn't clear.
9. Start with the easiest questions - they'll give you confidence. Mark the hard questions and go back to them last.
10. Guess intelligently. Definitely guess if you can rule out two answers on multiple choice questions, maybe even just one.
11. Don't spend too much time on any one question... unless you have time and it's your last question.

FINALS SCHEDULE

| Date | Period | Period | Period |
|--------------------------|--------------------|---------------------|----------------------|
| Wednesday, January 18 | 1 8:40 - 9:40am | 2 9:45 - 10:45am | 4 10:50 - 11:50pm |
| Thursday, January 19 | 3 8:40 - 9:40am | 7 9:45 - 10:45 | 5 10:50 - 11:50pm |
| Friday, January 20 | 8 8:40 - 9:40am | 6 9:45 - 10:45am | |

Students must be in uniform on exam days. On exam days breakfast will be served, but there will be no lunch service.

- Students who have study hall or lunches periods 3,4,5,6 or 8 may arrive late or leave early. You may not be in the hallways.
- Students who have study hall periods 2 or 7 must report to the their scheduled study. If you have have period 2 study and period 4 lunch or period 7 study and period 5 lunch, you may leave early with parent permission.
- Students who arrive early for period 2,6 or 7 must report to the Florance Center until the bell rings.
- All busses will depart at 12:05pm on Wednesday and Thursday and at 11:10am on Friday.

COLLEGE APPLICATIONS:

Did you know that the Counseling Department has already processed nearly 500 applications during this school year alone? Not only that, DLS teachers and administrators have written nearly 1,000 letters of recommendation for college applications and scholarships! Students, it is always a nice touch to send a thank you note to the staff members who have worked so hard on letters for you.

BUSINESS OFFICE

FINANCIAL AID FOR 2012-12 FOR DLS

Families interested in applying for need-based financial aid for next year at DeLaSalle must complete a Tuition Aid Data Services (TADS) Application each year. Applications may be completed online at www.tads.com. Families are strongly encouraged to submit the TADS application as early as February 10, 2012 to ensure consideration of all scholarship opportunities based on financial need. Completed applications are due no later than February 24, 2012. If you have any questions please contact Ms. Jill Stricker at (612) 676-7602 or jill.stricker@delasalle.com.

TUITION STATEMENT REMINDER

Families received a preview of the new tuition statement format with their December statement. This preview included an explanation of the new statement format and instructions on how to access these financial details online. This month, families will receive paper statements with the new format which will mirror the financial information available online via INC Classroom.

THANK YOU FOR GIVING!

A very generous spirit was displayed by the students, staff, and community of DeLaSalle High School in raising over \$3,500 in spare change for our 19th Annual Christmas Basket Project. The money raised allowed us to provide Christmas gifts and food gift certificates for four large families supported by Catholic Charities, Lutheran Social Services Sponsor a Family and the Aliveness Project (a total of 25 people). Additionally, we provided 10 large bags of toys for Sharing and Caring Hands and several gift cards for other families in need.

Thank you for your generosity and God Bless!





YEARBOOKS
\$55 until April 16
\$60 after April 16

How can I order a yearbook?

- Pick up an order form from the Main Office or Student Services Office.
- Print off an orderform from the [DeLaSalle Yearbook](#) webpage.
- Order your yearbook online at shop.balfour.com (Credit Card Payments)

What are my payment options?

- Cash/Check - with an order form
- Islander Foundation - with an order form
- Installments - contact Ms Beckman to set-up a payment plan
- Credit Card - online at shop.balfour.com

Please bring your completed order form to Mrs. Hines in the Main Office or Ms. Beckman in the Student Services Office.

You can contact Ms. Beckman at yearbook@delasalle.com or 612.676.7678 with any questions.

DRIVER EDUCATION

WINTER 2012 DRIVER EDUCATION CLASS
 BY MR. RAY KROLL '60

The 2012 Winter Driver Education 30 hour classes are scheduled for Monday - Friday, starting February 6 through February 17, 2012. Driver Education classes are available for for DeLaSalle students who are 15 years of age and older. Please see Mary McLaren in the Administrative Office for a course application.

Mr. Kroll will be on campus in the Florance Center during all lunch periods on Wednesday, January 11, 2012 to answer student questions and to schedule behind the wheel training sessions.

Families with additional questions may direct them to Ray Kroll at 612-819-9645.

Checks payable to:

DRIVER'S EDUCATION INCORPORATED

- \$105 Classroom only - students will receive a letter of completion, but not a blue course completion card.
- \$395 Full Payment for both Classroom and Behind the Wheel.
- \$200 Half Payment now with \$195 due before the last class session.
- Note: Paying for Behind the Wheel now saves \$40.
- Behind the Wheel may also be paid by the hour. Three two hour sessions at \$110 each = \$330.

Registrations for the February 6, 2011 class must be submitted no later than February 3, 2012

PARENT ASSOCIATION

HAPPY NEW YEAR FROM THE PARENT ASSOCIATION!

Please join us on January 9 from 6:30 - 8:00pm for a night of fellowship, service and prayer. We value that our kids experience prayer and service at De. In that same spirit, lets gather as parents to make sandwiches for the homeless in Minneapolis, followed by a prayer service highlighting the Lasallian Ministry Program. Meeting room to be announced. Any questions, please contact Karin Glanville at karinglanville@live.com.

POSITIVE PARENTING SERIES:

STRENGTHENING THE RELATIONSHIP WITH OUR CHILDREN

Raising Resilient Children, with Dr. Steve Kahn

January 9, 2012

12:00 – 1:00pm, Robert Casanova Room

Dr. Kahn will discuss strategies that parents can do to help children grow up resistant to unhealthy media messages and the stress that accompanies them. The focus will be on how parents can convey high expectations for children while also communicating that mistakes and disappointments are allowed and expected. In addition to proactive parenting strategies, ideas for helping children already experiencing stress will be discussed.

Making the Most of our Children's Mistakes and Disappointments, with Dr. Steve Kahn

February 13, 2012

6:00 – 7:00pm, Robert Casanova Room

Mistakes and disappointments, although undesired, provide us with unique opportunities. There are skills and life lessons that children seem to develop more successfully at these times. This talk will help you find the teachable moment in all of the times with our children – including the times that are stressful because of their mistakes and the times when the world lets them down.

Join DeLaSalle Theatre as we celebrate the second annual

Spotlight Night of Theatre.

On January 27, 2012 starting at 7:00pm, the stage will be filled with over 50 of our current theatre students. Centering the evening around the Competition One Act, other performances will be staged from the Freshman Feature 10-minute plays, Variety Acts, a throwback from the Fall Play, and a preview of the upcoming Spring Musical. Please join us for an evening of **FREE ENTERTAINMENT** and support our young theatre artists!

If you would like to help with refreshments for the evening, please contact Miss Anna Carol: 612.676.7671 or anna.carol@delasalle.com



**Tell your Friends and Neighbors:
Open House for prospective
students and families
January 12, 2012 7:00 - 9:00pm**

LIBRARY AND TECHNOLOGY CENTER

The resource featured this month is **EBSCOhost**.

This tool offers access to a wide variety of information including:

- Literary Criticism for English papers
- Consumer Health information
- Pro/Con information on current issues
- Special Science collection.
- Search database for AP classes

Recently the ninth grade science class used the Science Database to research nuclear power and then wrote poetry from their findings. In addition to the databases you also have access to ebooks in the EBSCO collection.

There are many options for searching when you enter the EBSCOhost service. You can click on <EBSCOhost Web> and do a power search of several databases within the service. An alternative would be to individually search specific databases or ebooks in the list.

The interface for EBSCOhost is easy to use with enhanced features such as: image and video

searching, personalized folders to store your results and specific articles, and improved results rankings. EBSCOhost provides you with range of articles on topics from advanced college level to popular journals. Please stop in to the Library and Technology Center and ask Ms. Roggow for help with your search strategy.

To use this database when on campus, select the Library Resources Web page from the Students section of the main DeLaSalle website. Next, select → Digital Content → EBSCOhost.

Students are encouraged to visit the Library & Technology Center for help using this tool and any of the many databases to which DLS has access. This tool is also available from home or the public library. Be sure to use the remote logon access sheet by logging into your Islander Apps account and then click the green link on the Digital Resources page.

Please continue to pray:

We asked for continued prayers for our President, Brother Michael Collins '55 in his recovery. To stay up to date with his progress, please visit the CaringBridge Website:

www.caringbridge.org/visit/BMCDLS

ACTIVITIES OFFICE

Winter continues to be a busy time for student activities on the island! We are proud to support and celebrate with our array of competitive and non-competitive activities:

- Boys' Basketball
- Girls' Basketball
- Competition Cheerleading
- MACRS
- WOW
- Speech
- Competition One Act Play
- Freshman Feature 10-Minute Plays
- Wrestling
- Math League
- Quiz Bowl
- Theatre Musical
- Yearbook

DLS students as well as adults and family members are reminded to always be prepared to pay an admission fee when attending activity events at other schools.

Admission prices for regular season home football, volleyball and basketball games are \$5 for adults, \$3 for non De students K-12, and \$3 for seniors.

Home regular season games and events are free for De students with a current DeLaSalle student ID card.

 **COME CHECK US OUT...**
ISLANDER WINTER CHEER CLINIC
SATURDAY 2/18/12 • DELASALLE HIGH SCHOOL •
1PM-4PM • FLORANCE CENTER

ISLANDER WINTER CHEER CLINIC

WHAT? SPIRIT IS THE NAME OF THE GAME! OUR CHEER CAMP INCLUDES TRADITIONAL SIDELINE CHEERLEADING SKILLS, AS WELL AS THE MAJOR COMPONENTS OF COMPETITION CHEER: STUNTS AND LIFTS, TUMBLING, AND DANCE. DELASALLE'S CHEERLEADING PROGRAM HAS BEEN ONE OF THE BIGGEST AND BEST IN MINNESOTA FOR SEVERAL YEARS. IN 2009-10, THE COMPETITION TEAM EARNED ITS ELEVENTH STRAIGHT TRIP TO THE NATIONAL CHAMPIONSHIPS. COME LEARN FROM THE BEST, 5 STATE CHAMPIONSHIPS AND MULTIPLE NATIONAL TITLES.

WHO? A GREAT CAMP FOR ALL KIDS – FROM BEGINNERS TO EXPERIENCED CHEERLEADERS.
KINDERGARTEN - 8TH GRADE

WHEN? SATURDAY, FEBRUARY 18, 2012
1PM- 4PM

THOSE PARTICIPATING IN CAMP WILL HAVE THE OPPORTUNITY TO PERFORM AT

**THE HALF-TIME OF A DELASALLE VARSITY
BOYS' BASKETBALL GAME ON
SATURDAY, MARCH 3, 2012 AT THE TARGET CENTER!!**

COST? PER CHEERLEADER IS \$25 **INCLUDES A SPECIAL CHEER GIFT!

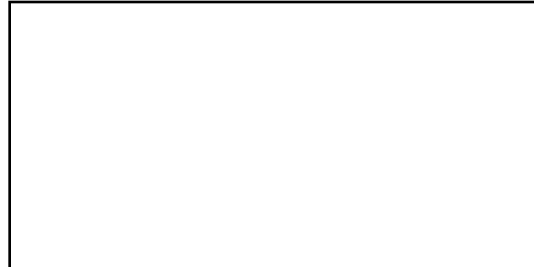
REGISTRATION FORMS ARE AVAILABLE ONLINE AT:
[HTTPS://SITES.GOOGLE.COM/A/APPS.DELASALLE.COM/CHEER-TEAM/](https://sites.google.com/a/apps.delasalle.com/cheer-team/)

?? QUESTIONS: CONTACT HEAD COACH SHANNON FOREMAN AT
612-676-7687 OR SHANNON.FOREMAN@DELSALLE.COM

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LOOKING AHEAD

January 2012

- 1/4 Classes Resume
- 1/9 Parent Association Meeting, 6:30pm
- 1/12 Open House for Prospective Families
7:00pm-9:00pm
- 1/13 Martin Luther King Liturgy

- 1/16 Martin Luther King, Jr. Holiday
NO SCHOOL
- 1/18-1/20 Semester One Final Exams
- 1/21 Entrance Exams for Class of 2016
8:30am
- 1/27 Spotlight Night of Theatre, 7:00pm

1/30-2/3 Catholic Schools / Winterfest Week

The most up to date information can
always be found on the online school
calendar:

[http://www.delasalle.com/news-events/
school-calendar](http://www.delasalle.com/news-events/school-calendar)

Mark your calendars!

